

KCSARC offers one-on-one education programs tailored to meet the needs of individual families. These programs are provided in English and Spanish.

Topics may include:

- **Child Sexual Abuse:** Understanding the impact on child victims, non-offending parents, and families
- **Child Physical Abuse:** Understanding how physical abuse and neglect impacts children's development now and in the future
- **Sex Offenders:** Understanding their strategies, motivation and persistence
- **Coping Strategies:** Positive and negative strategies for getting through the crisis, and for managing stress through the years
- **Discipline:**
 - After sexual abuse
 - Rebuilding a positive parent-child relationship
 - Understanding child development
- **Developing Resilience:** Developing life skills, increasing protective factors, and reducing risk factors
- **Internet:** Child victimization, predators, safety tips, monitoring and/or limiting use of the internet at home
- **Perpetrator Prevention:** Appropriate for:
 - Anticipated reunification between juvenile offender and victim(s)
 - When a known sex-offender lives in the home
 - Visitation ordered between offenders and children
 - Parents and/or family members of sex offenders
- **Adolescents**
 - Understanding how sexual abuse impacts the adolescent
 - Common coping strategies adolescents utilize
 - Establishing limits and boundaries after sexual abuse
 - Adolescents and intimacy – How to help your teen recognize and build healthy relationships
- **Grief and Loss**

For more information or to schedule an appointment, contact:

KCSARC's Main Office Line (425) 226-5062

SERVICES ARE NOT PROVIDED TO KNOWN OR ALLEGED SEX ABUSE PERPETRATORS