

# Empathy Quiz

Name \_\_\_\_\_ Class Period \_\_\_\_\_



## Are you Showing Empathy?

Read each statement below. Check “Yes” if the statement describes you or “No” if it does not.

**1** I often think about other people’s feelings.

Yes       No

**2** I don’t make fun of other people because I can imagine what it feels like to be in their shoes.

Yes       No

**3** I listen to others about what they’re going through.

Yes       No

**4** I try to understand other people’s point of view.

Yes       No

**5** I am aware that not everyone reacts to situations the same way I do.

Yes       No

# Empathy Quiz

An example of a time I showed someone empathy is:

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Something I could do to be more empathetic is:

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An example of a time I showed someone empathy is:

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Activity Adapted from Teaching Tolerance | [www.teachingtolerance.org](http://www.teachingtolerance.org)