

## Suggested Reading for Adult Survivors of Child Sexual Abuse

*Aphrodite's Daughters: Women's Sexual Stories and the Journey of the Soul.* Bonheim, Jalaja. Fireside. 1997.

*The Betrayal Bond.* Carnes, Patrick. Health Communications. 1997

*Betrayal Trauma: The Logic of Forgetting Childhood Abuse.* Freyd, Jennifer J. Harvard University Printing: Reprint Edition. 1998.

*The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment.* Rothschild, Babette. W.W. Norton & Company: First Edition. 2000.

*Child Abuse Trauma: Theory and Treatment of the Lasting Effects.* Briere, John. Sage Publications. 1992.

*Child Sexual Abuse: New Theory and Research.* Finkelhor, David, Yllo Kersti. Free Press. 1984.

*The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse (Third Edition-Revised and Expanded).* Bass, Ellen, Davis, Laura. Perennial. June 1994.

*Getting Through the Day: Strategies for Adults Hurt as Children.* Napier, Nancy J. Norton. 1993.

*Healing the Incest Wound: Adult Survivors in Therapy.* Courtois, Christine A. W.W. Norton & Company: Reprint Edition. 1996.

*I Can't Get Over It: A Handbook for Trauma Survivors.* Matsakis, Aphrodite. New Harbinger Publications. 1996.

*I Will Survive: The African-American Guide to Healing from Sexual Assault and Abuse.* Robinson, Lori. Seal Press. 2003.

*Memory and Abuse.* Whitfield, Charles. Health Communication. 1995.

*No Secrets, No Lies: How Black Families Can Heal From Sexual Abuse.* Stone, Robin. Broadway Books, 2004.

*Outgrowing the Pain: A Book for and about Adults Abused as Children.* Gil, Eliana. DTP: Reissue Edition. 1998.

*Post-Traumatic Stress Disorder Sourcebook.* Schiraldi, Glenn R. McGraw-Hill/Contemporary Books. 2000.

*Adult Survivors of Child Sexual Abuse, Continued:*

***Predators: Pedophiles, Rapists, and Other Sex Offenders: Who They Are, How They Operate, and How We Can Protect Ourselves and Our Children.*** Salter, Anna C. PhD. Basic Books. 2003.

***Recovering from Rape.*** Ledray, Linda E. Owllet: Second Edition. 1994.

***Secret Survivors: Uncovering Incest and Its Aftereffects in Women.*** Blume E. Sue. Ballantine Books: Reprint Edition. 1991.

***Sexual Abuse in Nine North American Cultures: Treatment and Prevention.*** Fontes, Lisa Aronson. Sage Publications. 1995.

***The Sexual Healing Journey: A Guide for Survivors of Sexual Abuse.*** Maltz, Wendy. Quill: Revised Edition. 2001.

***Telling: A Memoir of Rape and Recovery.*** Francisco, Patricia Weaver. Perennial. 2000.

***Trauma and Recovery.*** Hermann, Judith MD. Basic Books: Reprint Edition. 1997.

***Trust After Trauma: A Guide to Relationships for Survivors and Those Who Love Them.*** Matsakis, Aphrodite. New Harbinger Pubns. 1998.

***Victims No Longer: Men Recovering from Incest and Other Sexual Child Abuse.*** Lew, Mike. Perennial: Reprint. 1990.

***Where I Stopped: Remembering a Childhood Rape.*** Ramsey, Martha. Putnam Publishing Group. 1996.

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